

Jamie Rouse's J-Dub Sow Bug Variant

Jamie Rouse, Orvis Guide of the Year in 2007, developed this fly for use on the White and Little Red rivers in Arkansas. Tied in size 14-16 and in colors olive, gray, tan and copper. Very good Sow Bug pattern.



Materials:

Hook: TMC 200R Sz 14-16

Thread: Danville Brown 8/0

Weight: Lead Wire .020

Rib: Small Copper Wire

Body: Scud-Sow Bug Copper

Antenna: Brown Marabou and Wood Duck

Tail: 0X Mono Colored Dark Brown w/Permanent Marker

Shell Back: 2mm or 5/32 Sow-Scud Back Dark Brown

Legs: Dubbing from Body Combed Out

Tying Instructions:

- Mount the debarbed hook in the vise and make 10 wraps of .020 Lead Wire around the shank.
- Start the thread behind the eye and secure the lead on the shank with thread wraps.
- Tied on a piece of copper wire behind the lead wire. Bring the thread to the middle of the shank.
- Tie in the 2mm piece of shell back to the end of the fly. Return the thread to a point behind the lead.
- Tie on a piece of mono on each side of the hook shank. Return the thread to the middle of the shank.
- Dub the rear half of the fly with the copper dubbing. Bring the thread to a point behind the eye.
- Tie on the marabou and wood duck for the forward antenna. Return the thread to middle of the shank and continue to dub the body.
- Bring the shell back over the body and tie it off.
- Bring the wire ribbing forward and tie it off. Clip both the wire ribbing and shell back.
- Form a small head and whip finish. Optional - Head Cement.
- Turn the fly over and brush out dubbing fibers to form legs on both sides of the body.

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